

# I choose to feel

Text and music ~ Anne Mari Heimdal Edlers ~ April 2008

**1 verse**                    Lord here am I ~ I'll worship to lift you up high  
My worries and struggles I give ~ To You my King who lives

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**2 verse**                    Lord here am I ~ With hidden emotions to cry  
I've tried to make it on my own ~ Tried to survive all alone

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**Chorus A**                I choose to be vulnerable ~ My hardened heart accountable  
I choose to feel ~ My trust I give  
Surrender all ~ 'Cause now I choose to live!

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**3 verse**                    I've, built a wall ~ So no one can hurt me at all  
I've sent my emotions to jail ~ And covered the pain with a veil

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**Chorus B**                I won't, run away no more ~ For You my heart's an open door  
I choose to feel ~ My trust I give  
Surrender all ~ 'Cause now I choose to live!

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**Bridge**                    Thank You for starting all over with me  
Give's me a brand new chance to be ~ The person You created  
Forgive me I've pushed my emotions down  
My heart is fragile without Your crown ~ Help me to sense and feel

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**4 verse**                    Lord here am I ~ Your peace to receive from up high  
Distrust and unbelief I give ~ To You my King who lives

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**Coda**                    Lord, when I choose to be bold and feel my fears  
Then let your presence be there  
I wanna feel my fears ~ I wanna let you near  
Oh, Breath of life ~ Breathe through me (x3.)

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**5 verse**                    Lord here am I ~ I'll worship ~ Yes lift you up high  
My worries and struggles I give ~ To You my King who lives.